

年級	課程名稱	課程概要	課程目標	配對之能力指標	一般知能
日四技一年級(上)	全人發展：大學入門(一)	<p>本課程基於全人教育之理念，為日四技大一新生規劃之必修課程。以介紹文藻辦學的教育傳承、大學生的校園生活與學習適應，教導學生對於靈性發展的認識與修習，期能培養個人身、心、靈之均衡發展。課程內容涵蓋自我認識、自主學習、時間管理等議題之探討。</p> <p>Based on the model of wholistic education, this course is the compulsory course for first year students of Day Division, the Four Year College Programme. It aims at introducing the education tradition of Wenzao Ursuline University, the life of university campus, and methodology in adapting oneself in this learning environment. Above all it lead students to realize the development of spiritual life and how to participate into that. Eventually it will lead to the enhancement of physical, psychological and spiritual aspects of life. Thus the course includes subjects of self-understanding, self-learning method, time management and others related themes.</p>	<p>使學生能：</p> <ol style="list-style-type: none"> 1. 接受本校聖吳甦樂教育精神之薰陶 2. 認識並學習文藻校園文化 3. 建立大學生的學習方式與生活態度 4. 培養健全之人格 <p>Students will be able to：</p> <ol style="list-style-type: none"> 1. Accept the formation according to the Ursuline education spirit. 2. To understand and learn the campus culture. 3. To establish learning models and life attitudes of university students. 4. Nourish a healthy personality of a student. 	<p>1-1-3 生活自律能力</p> <p>2-1-1 情緒管理能力</p> <p>2-1-6 執行力</p> <p>6-1-2 自我肯定</p> <p>6-1-6 語文表達能力</p>	<p>1 抗壓性</p> <p>2 學習意願</p> <p>5 表達能力</p> <p>6 獨立思考的能力</p> <p>8 耐心與毅力</p>
日四技一年級(下)	全人發展：大學入門(二)	<p>本課程基於全人教育之理念，為日四技大一新生規劃之必修課程，教導學生對於靈性發展的認識與修習，期能培養個人身、心、靈之均衡發展。課程內容涵蓋生涯發展、多元學習、性別教育、生命倫理等議題之探討。</p> <p>Based on the orientations of wholistic education, this is a compulsory course for the first year students of Day Division, Four Year College Programme. It leads students to comprehend and cultivate the spiritual development aiming at forming physical, psychological and spiritual development of one's personal life. The course covers themes on exploring career development, multidimensional learning, sex education and life ethics.</p>	<p>使學生能：</p> <ol style="list-style-type: none"> 1. 協助探索生涯之發展與規劃 2. 建立健全的人際關係與性別平等意識 3. 學習尊重人性尊嚴與個人獨特價值之文化 4. 學習關懷生命及建立倫理思辨的基本能力 <p>Students will be able to：</p> <ol style="list-style-type: none"> 1. search the career planning and careers development. 2. Establish a proper understanding on interpersonal relationship and gender equality. 3. Learn to respect the culture which emphasizes on the values of human dignity and individualism. 4. Learn to have concern on life and establish the basic skill of ethical thinking. 	<p>3-1-1 倫理判斷能力</p> <p>3-1-3 生命關懷能力</p> <p>7-1-2 包容異己的能力</p> <p>7-1-4 團隊合作能力</p> <p>8-1-5 社會關懷能力</p>	<p>1 抗壓性</p> <p>12 溝通、協調能力</p> <p>13 團隊合作能力</p> <p>16 職業倫理及道德</p> <p>18 批判思考、邏輯推理能力</p>