



文藻外語大學109學年度第1學期教學綱要
Wenzao Ursuline University of Languages
Syllabus for the 1st Semester of the 2020 Academic Year
「遵守智慧財產權觀念、不非法影印」
Please comply with intellectual property laws. Do not make
illegal copies of copy-righted materials.

壹、課程基本資料

課程名稱 Course Title	全人發展：大學入門（一） HUMAN DEVELOPMENT: INTRODUCTION TO UNIVERSITY STUDIES (I)		
課程類別 （學制） School System	日間部四技 4-Year College of Day Division		
開課單位 Academic Unit	吳甦樂教育中心		
授課教師 Instructor	徐秀菊	職稱 Academic Rank	專案助理教授
師生互動 Data of Instructor	辦公室 Office	Q913	辦公室電話 Office Phone Number (07)342-6031 Ext. 7315
	電子信箱 E-mail	99948@mail.wzu.edu.tw	
	約談時間 Office Hours	Tuesdays 13:00-15:00 Wednesdays: 13:00-15:00	
學分 Credits	1.0學分	選課別 Category	<input checked="" type="checkbox"/> 必修 Required Course <input type="checkbox"/> 選修 Elective Course
開課類別 Course Length	<input type="checkbox"/> 學年課 Year-long course(2 semesters) <input checked="" type="checkbox"/> 學期課 semester course(1 semester)		開課年級 Year Taught : 0年級 授課班級 Class Taught : 日四技專班一
課程內容概要 Course Content Synopsis	<p>■課程內容概要本課程為校定共同核心必修課程，旨在提供文藻教育目標3L中 Life之養成基礎。基於全人教育之理念，教導學生對於靈性發展的認識與修習，期能培養個人身、心、靈之均衡發展。課程內容涵蓋生涯發展、多元學習、性別教育、生命倫理等議題之探討。</p> <p>This subject is approved as a core compulsory course that aims to provide students a foundation for the development of Life objective included in Wenzao's 3L education goals. Based on the orientations of wholistic education. It leads students to comprehend and cultivate the spiritual development aiming at forming physical, psychological and spiritual development of one's personal life. The course covers themes on exploring career development, multidimensional learning, sex education and life ethics.</p> <p>■主要授課語言： 英語(English)</p>		
課程學習目標 Course Learning Goals	使學生能： 1. 接受本校聖吳甦樂教育精神之薰陶		

	2. 認識並學習文藻校園文化 3. 建立大學生的學習方式與生活態度 4. 培養健全之人格 This course will help students 1. Be edified by the educational spirit of the Ursula School. 2. Explore the campus culture of Wenzao. 3. To adapt to college life more quickly. 4. Develop a healthy personality.			
系培育目標與核心能力以及學習目標 Development Goals, Skill Indicator, & Learning Objectives	系培育目標 Development Goal 1	核心能力指標編碼 Skill Indicator Code	核心能力 Skill Indicator	學習目標 Learning Objective
	學習自主管理能力	1-0-3	生活自律能力	能依據個人人格類型澄清個人價值觀優先次序。能依據個人人格類型實踐時間管理技巧。
	學習問題解決能力	2-0-1	情緒管理能力	能依據個人人格類型認識情緒與心理需求的關係。能依據個人人格類型展現健康表達情緒的方法。
	學習問題解決能力	2-0-6	執行力	能依據個人人格類型探索學習風格。能依據學習風格規劃大學學習地圖。
	學習有效溝通能力	6-0-2	自我肯定	能依據個人人格類型了解自身人格特質。能依據人格特質了解個人成長方向。
	學習有效溝通能力	6-0-6	語文表達能力	能依據個人人格類型聆聽他人溝通動機之善意。能依據個人人格類型調整表達之風格。
	其他(Others)			
學生先備知能 Prerequisite Knowledge Skills	1. Basic computer skills to navigate through the Cloud E-learning system. 2. Basic communication skills. 使用雲端學園之電腦能力。面對面表達與溝通之人際能力。			
教學學理基礎				

Theoretical Foundation of Instruction	教育哲學理念：吳甦樂教育精神(Ursuline Education Spirit) 課程內容基礎：九型人格特質論(Enneagram Personality Type Theory) 教學方法理論：體驗式教學法(Experiencing Teaching Method)，設計體驗情境，建基於知識、實踐、反思之循環動力，以促發學生行動參與、獲得感悟、建構知識與能力。
授課資訊 Instructional Information	<p>■課程類型(Top Down)</p> <p>一般課程(Regular course) 融入生命教育議題課程(Life education) 融入性別平等議題課程(Gender equity education) 融入智慧財產權議題課程(Intellectual property rights) 融入月桂方法相關課程(Integrate Laurel Method into the course)</p> <p>■教學平台</p> <p>實體教學(Face-to-face instruction)</p> <p>■主要教學策略</p> <p>講授(Lecture) 實作(Hands-on) 體驗(Experience) 自主學習(Learning autonomy) 服務學習(Service learning) 個別指導(Individual guidance) 分組討論(Group discussion) 問題導向(Problem-based) 影片欣賞(Video appreciation)</p>
評量 Student Assessment	<p>■評量方式與評分比例分配 Evaluation Criteria</p> <p>1. In-class performance : 30 % 2. The midterm : 30% 3. The final : 40%</p> <p>Explanation :</p> <p>1. In-class performance : 30%, including attendance 15%, in-class assignments and participation 15%. 2. The Midterm grade : 30% , Group presentation. Each individual joins a group which chooses a topic to complete the assignment collaboratively. Details regarding topics please refers to the assignment sheet posted on elearning under Week 1.</p> <p>Uploading path : Cloud E-learning—Communication center—Topic Discussion —Discussion Forum—the midterm presentation file Uploading materials : Oral presentation materials (eg. : ppts, films, drawings, scripts, etc. Apply your creativity) Uploading deadlines : a week before each group' s presentation, by the end of Mondays.</p> <p>3. The final grade : 40%. Topic : The implementing power of my college life. Complete the assignment individually. Uploading path : Cloud E-learning—Assessment center—Assignments —The final paper Uploading materials : 600 words of Word document & Learning Contract (in the</p>

same file)

Uploading deadlines : at 23 :59 pm, June 7th, 2020.

The system will be locked after such time.

4. Extra marks : a book review/take-ons of your choice: 1-10 points. A submission of cut & paste of others work or with high similarity will not be accepted, and extra marks will not be granted.

Uploading path : Cloud E-learning—Assessment center—Assignments—The Extra marks.

1. 平時成績：30%，含出席與參與狀況15%、隨堂作業15%。
2. 作業一：30%，11/4週日 23:59截止，上傳作業一「半學期的小確幸」至雲端學園「評量區--作業/報告」
3. 作業二：40%，1/6週日23:59截止：上傳作業二「學涯藍圖的勾勒」至雲端學園「學習互動區--課程討論--課程討論版」

■ 課堂要求 Course Requirements & Policies

1. Come to class prepared, including to complete reading and other assignments.
 2. Come to class punctually
 3. Do not be absent from class without a good reason. When there is a need for a leave, please file an application on-line regardless of the type of leaves, for public or private reasons. Skipping class without applying for a leave is regarded as absence which will affect your moral scores.
 4. Asking for a leave more than once there will be a deduction of your attendance marks, 2.5 points for each leave. Leaves exceeding one third of the classes (6 times, including the 6th) make the attendance marks zero. Leaves exceeding half of the classes (8 times) make the course grade zero.
 5. Actively participate in the class discussions and activities.
 6. During the class, please respect the rights of others and do not conduct private conversations that is unrelated to the class.
 7. Being alert to your learning outcomes, do not use cellular phone that could distract your attention during the class except for class activities.
1. 有備而來：預先閱讀指定資料並積極參與討論及其他課程活動。
 2. 準時到課，上課鈴響10分鐘後進教室算遲到。
 3. 不隨意缺課，請假須事先告知老師。一次請假平時分數扣五分。
 4. 請假超過三分之一(六次，含六次)，平常分數零分。
 5. 上課須尊重其他人的權益，不作與課程無關的聊天，若規勸不聽記曠課一次。
 6. 上課專注，不划手機。這是大家共同學習、互動的時間，須尊重每一個人的臨在與學習的權益，這樣的精神是本課程重要的練習。划手機規勸不聽者，記曠課一次，手機將代為保管至下課。

教材
Learning Materials

「請學生務必使用正版教科書」Please respect copyright and use original textbooks.

■ 教科書 Textbooks

尚未輸入。

■ 參考書目或網址 References or Websites

- 1、書名：生命倫理：身體神學及生命倫理 <http://catholic-bioethics.blogspot.tw/2012/03/blog-post.html> 作者：譚傑志(2012)。 出版社：
- 2、書名：The origin of the university. Retrieved from: <http://irishcatholic.ie/article/origin-university> 作者：Riville, W. (n.d.) 出版社：The Irish Catholic.
- 3、書名：Medieval universities and the origin of the college. Retrieved from: <http://www.academicapparel.com/caps/College-University-History.html> 作者： 出版社：
- 4、書名：The educational philosophy of Wenzao.. retrieved from: <http://c018.wzu.edu.tw/front/bin/ptlist.phtml?Category=78> 作者：Center for Ursuline Education (2008). 出版社：
- 5、書名：Ursuline education, pp. 28-30. Retrieved from: <http://www.wzu.edu.tw/ezcatfiles/b001/img/img/3/ursulineeducation-eng.pdf> 作者：Pallisier, L. (2011). 出版社：
- 6、書名：The book of life. Retrieved from: <http://www.thebookoflife.org/know-yourself/> 作者：Know yourself (n.d.). 出版社：
- 7、書名：How to get to know yourself in 5 fool-proof steps. Retrieved from: <http://www.prolificliving.com> 作者：Farnoosh(2009-2016). 出版社：
- 8、書名：Getting to know yourself: 29 questions to discover the real you. Retrieved from: <http://www.prolificliving.com> 作者：Farnoosh(2009-2016). 出版社：

教學用軟體
software

付費軟體Commercial software
Microsoft Office

補充資料

Additional Remark

本科目無相關下載檔案。

貳、課程內容與進度 (Course Content & Schedule)

週次 Week	上課日期 Date	單元名稱 Units	授課方式 Instructional Approaches	作業、報告、考試 或其它 Assignments, Tests and Others	備註 Remarks
1	109/09/13 ~ 109/09/19	Getting acquainted & syllabus discussion	group activities explanation discussions		
2	109/09/20 ~ 109/09/26	Nuts & bolts of study at WZU Navigate through info. system Burning Questions?	group activities		
3	109/09/27 ~ 109/10/03	Time management Guest speakers	Lecture discussions Q & As		
4	109/10/04 ~ 109/10/10	Wenzao spirit I Finding study resources Library Tour	Lecture Discussions activities		
5	109/10/11 ~ 109/10/17	Wenzao spirit II Campus tour AI/VI adventure	Activities Campus adventure		
6	109/10/18 ~ 109/10/24	Wenzao spirit III University Archive	Lecture discussions		Center for Ursuline Education (2008); Pallisier, L. (2011).
7	109/10/25 ~ 109/10/31	Preparation for the blessing ceremony	Activities & writing	Reflecting on the life of the first half-semester, reflection paper	

				due on November 1, 2020	
8	109/11/01 ~ 109/11/07	Self-exploration I The positive and negative characteristics of the 9 types of personality	Activities discussions	Wenzao spirit IV Blessing ceremony for the freshman (November 4th.)	Know yourself (n. d.)
9	109/11/08 ~ 109/11/14	The Midterm The Midterm Critical thinking Reflecting on the freshman ceremony	Activities discussions		
10	109/11/15 ~ 109/11/21	Self-exploration II	Activities discussions		
11	109/11/22 ~ 109/11/28	Self-exploration III	Activities discussions		
12	109/11/29 ~ 109/12/05	The theme and activities of 2019 Christmas celebration	Activities discussions		
13	109/12/06 ~ 109/12/12	Self-exploration IV The defense mechanisms and their directions of growth of the 9 types of personality	Presentation discussions		
14	109/12/13 ~ 109/12/19	A miracle of life!	The Chapel in Praise of Jesus		
15	109/12/20				

	~ 109/12/26	Academic planning I	Guest speaker	Welcome to participate in Christmas Eve celebration	
16	109/12/27 ~ 110/01/02	Academic planning II	The Laurel Method		
17	110/01/03 ~ 110/01/09	Academic planning III	Presentation discussions	--An academic planning on the Laurel tree	
18	110/01/10 ~ 110/01/16	The Final	Wrapping up & sharing		