

年級	課程名稱	課程概要	課程目標	中心培育目標	配對之能力指標	一般知能	現行培育目標
專科部二年級	人格修養(二)	<p>本課程為專科部各年級必修之系列課程，著重身心靈之發展與整合。內容針對自我認識、人際關係、多元學習、生涯規劃、社會關懷、靈性生活等主題，依據各年級學生不同之發展需求而組織課程內容，逐年加深學生省思之廣度與深度，以培養健全之人格發展。</p> <p>The programme is designed as various compulsory courses for all classes in the four years in the college. It aims at the development and integration of the physical, psychological and spiritual aspects life of young students. It contains various courses of the following themes: "Knowing Oneself", "Interpersonal Relationship"; "Multidimensional Learning"; "Career Planning"; "Social Concern"; "Development of Spiritual Life" and so on. All course contents will be adjusted to the existential needs and academic standard of students of each year. The width and depth of the courses will be enhanced each year according to students' intellectual capacity.</p>	<p>使學生能：</p> <ol style="list-style-type: none"> <li>1.初步覺察人際關係的互動模式，以期能做個快樂青年。</li> <li>2.學習合作的共識，並建立團體中適當的人際關係。</li> <li>3.具備樂於與人相處的觀念與態度，以期能成為團體的一分子。</li> </ol> <p>After taking the course, students are capable to:</p> <ol style="list-style-type: none"> <li>1. observe initially the interactions in interpersonal relations which enable them to lead a happy life of young people.</li> <li>2. Learn how to make consensus in cooperation, and establish an appropriate interpersonal relationship in the community.</li> <li>3. Nurture the attitude of willingness in interacting with others, enabling oneself to be a member of the community.</li> </ol>	<p>學習問題解決能力 學習有效溝通能力 學習建立關係能力</p>	<p>2-2-1 情緒管理能力 6-2-7 傾聽的能力 6-2-9 人際溝通能力 7-2-3 應對進退能力 7-2-4 團隊合作能力</p>	<p>2 學習意願 8 耐心與毅力 12 溝通、協調能力 13 團隊合作能力 18 批判思考、邏輯推理能力</p>	<p>(5).學會基本邏輯推理與思考的能力 (7).建立和諧人際關係，學得自然、人文、社會諸領域的基本常識 (10).養成服務之人生觀</p>
專科部三年級	人格修養(三)	<p>本課程為專科部各年級必修之系列課程，著重身心靈之發展與整合。內容針對自我認識、人際關係、多元學習、生涯規劃、社會關懷、靈性生活等主題，依據各年級學生不同之發展需求而組織課程內容，逐年加深學生省思之廣度與深度，以培養健全之人格發展。</p> <p>The programme is designed as various compulsory courses for all classes in the four years in the college. It aims at the development and integration of the physical, psychological and spiritual aspects life of young students. It contains various courses of the following themes: "Knowing Oneself", "Interpersonal Relationship"; "Multidimensional Learning"; "Career Planning"; "Social Concern"; "Development of Spiritual Life" and so on. All course contents will be adjusted to the existential needs and academic standard of students of each year. The width and depth of the courses will be enhanced each year according to students' intellectual capacity.</p>	<p>使學生能：</p> <ol style="list-style-type: none"> <li>1.初步統整對自我的認識，以作為生涯規畫的準備。</li> <li>2.具備規劃生涯的初步能力，並建立正確的生涯價值觀。</li> <li>3.具備行動計畫的能力，以操練個人行為改變的計畫。</li> </ol> <p>After taking the course, students are capable to</p> <ol style="list-style-type: none"> <li>1. Have the initial capacity in integrating all the knowledge of self understanding, preparing the path of career planning.</li> <li>2. Possess the initial capacity in planning one's career, while setting up a proper view on the professional values.</li> <li>3. Enquire the capacity to make an action plan for a change of personal behavior.</li> </ol>	<p>學習自主管理能力 學習問題解決能力 學習有效溝通能力</p>	<p>1-3-7 生涯規劃能力 1-3-8 基本法律素養 2-3-4 解決問題能力 2-3-6 執行力 6-3-1 自我認識</p>	<p>2 學習意願 9 敬業負責的態度 12 溝通、協調能力 15 職涯規劃能力 21 資訊蒐集之能力</p>	<p>(5).學會基本邏輯推理與思考的能力 (7).建立和諧人際關係，學得自然、人文、社會諸領域的基本常識 (10).養成服務之人生觀</p>